



# Are you a Father or Future Father?

Wear RED and come cook with us

Place: Shoeshoe Gardens

Date: 1st December 2018

(International World AIDS Day)

## Fundraising

to buy books and toys for children in rural areas of

Quthing & Mohale's Hoek

## Cooking competition

Entry R300.00



TICKET:

R150.00

Lots of fun prizes to be won

Breastfeeding Mothers to be treated like Queens

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